

## Autism-Specific Anticipatory Guidance

### PowerPoint Deck

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#### *Slide 1: Title Slide*

- Slide Content:
  - Image: “Learn the Signs. Act Early.” icon
  - Autism-Specific Anticipatory Guidance  
Autism Case Training: A Developmental-Behavioral Pediatrics Program
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#### *Slide 2: Learning Objectives*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Learning Objectives
    1. Recognize some of the common developmental issues that present in children with ASDs and how to evaluate them.
      - Describe the different types of sleep problems seen in children with ASDs.
      - Provide a differential diagnosis for feeding problems in children with ASDs.
      - Describe the common challenges to toilet training in children with ASDs.
    2. Identify management approaches and strategies for the common developmental issues seen in children with ASDs.
      - Describe behavioral strategies that may promote improved sleep in children with ASDs.
      - Identify the indications for using medications in the treatment of sleep difficulties.
      - Recognize strategies to improve eating habits in children with ASDs.
      - Become familiar with techniques for toilet training children with ASDs.

#### *Slide 3: Part I*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Part I
  - Jack is a 3½-year-old boy recently diagnosed with an ASD...

#### *Slide 4: Question*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum

- Slide Content:
  - What stands out to you about Jack?

*Slide 5: Video*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Interview: Sleep Disorders: Caryn, Mom of Riley
  - Link to Video Playlist: <http://www.cdc.gov/ncbddd/video/actearlycurriculum/>

*Slide 6: Question*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - What would you do next?

*Slide 7: Part II*

- Header: Autism-Specific Anticipatory Guidance
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- Slide Content:
  - Part II
  - Realizing that you must move on with the visit, you ask about Jack's eating habits...

*Slide 8: Question*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - How would you approach Jack's problem?

*Slide 9: Video*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Observation: Feeding Problems
  - Link to Video Playlist: <http://www.cdc.gov/ncbddd/video/actearlycurriculum/>

*Slide 10: Part III - Epilogue*

- Header: Autism-Specific Anticipatory Guidance
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- Slide Content:
  - Part III – Epilogue
  - You are concerned about the history of constipation and ask Jack's mother a few more questions while you perform the physical exam...

*Slide 11: Question*

- Header: Autism-Specific Anticipatory Guidance
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- Slide Content:
  - How would you apply the information in this case?
  - What did you learn through this case?

*Slide 12: Post-Learning Exercise*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Post-Learning Exercise
  - Read the following journal article: Kodak T, Piazza C. Assessment and behavioral treatment of feeding and sleeping disorders in children with autism spectrum disorders. *Child Adolesc Psychiatr Clin N Am.* 2008;17(4):887-905.

*Slide 13: Presentation End*

- Header: Autism-Specific Anticipatory Guidance
- Footer: Autism Case Training: A Developmental-Behavioral Pediatrics Curriculum
- Slide Content:
  - Image: HHS/CDC Logo
  - Centers for Disease Control and Prevention National Center on Birth Defects and Developmental Disabilities
  - Health Resources and Services Administration Maternal and Child Health Bureau